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Subject: News from IWA Modena
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International Women's Association of Modena

Newsletter

April 2015 - Issue 2



Incredibly spring is already well underway. The clocks have changed, the days are getting longer and those chocolate eggs, which you know you shouldn't but nonetheless will, are just a few days away. More importantly, in a couple of weeks it will be the inaugural Annual General Meeting of IWA Modena (on 14 April - see more details below). So, chocolate egg in hand, spare a moment to put the date in your diary and read all the other latest from IWA Modena...

Upcoming events

Check out the next amazing events we have lined up! For further information please look on the website here: www.iwamodena.org/activities or contact Sandra: events@iwamodena.org.

14 April, 18:30 – AGM

The very first Annual General Meeting will take place at the fabulous Teatro Guiglia, Via Rismondo 73, Modena, drinks and nibbles provided. Please come and make your vote count on the many important issues to be discussed including the 2014 balance sheet, 2015

16 April, 20:00-23:00 - Wine & Dine

An evening of degustation and elucidation! Enjoy a 5 course meal with wine-pairings whilst learning about the many and varied wines of Modena. Agriturismo Corte Manzini, Settecani. Members €20 including all food and drinks. Special Member discount on

budget, the Board, constitutional changes, membership quotas and events. Please find your [official invitation](#) and a copy of [the constitution](#) attached and don't miss the opportunity to experience this fascinating private venue.



wine purchases! For more details and to register for this marvellous event, please see the personal invitation you received by email, or look on the website here: www.iwamodena.org. If you have already registered don't forget to pay!!! Details on your invitation.

17 May – Family Day

Save the date for our first Family Day extravaganza! Invitation with more information to follow.

Interest Groups

IWA Modena aims to support a diverse range of interest groups for our members, including the brand new yoga class! If you are interested in starting an interest group then please contact Sandra: events@iwamodena.org.

IWA Modena Yoga

After a splendid class with Yoga Teacher Vania, she has offered IWA Modena Members a very exclusive yoga class in English. The 10-week course will lead you from the foundation of the practice to the flow of Ashtanga Vinyasa Yoga.

- Energia e Benessere a.s.d.,
Via Albareto 353/355, Modena
- 10:00-11:30 am every Thursday
- 9 April – 11 June
- €150 Euros (plus a one-time fee of €15 for Energia e Benessere membership)

PLEASE NOTE: **a minimum of 5 participants** are required for the course to run. Please contact Sandra **by 3 April** to register and for more information: events@iwamodena.org.

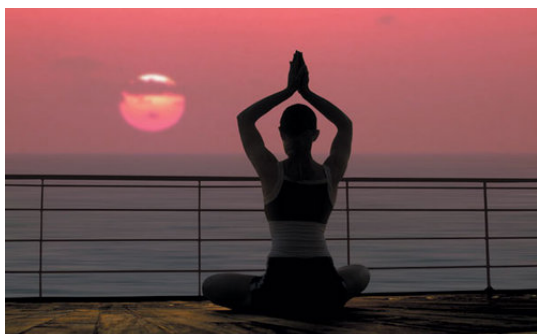


IWA Modena's Little Ones

This group aims to cater for mums and children in lots of fun settings. For more information contact Becki:

r.midgley@hotmail.co.uk. After a very popular first meeting for '**Creative Fun and Frolics**', the group now meets on a weekly basis (excluding Easter). The next meeting is: **14 April, 4-6pm** Manine D'Oro, Viale G. Marconi, 49 www.maninedoro.it

Bring along your Little Ones (ages 1-6) to this fantastic creative children's venue for play, painting and much more. Only €5 per child on entry - please bring your own snacks. If you



IWA Modena Coffee Morning

A regular, casual, members' meeting for a coffee and a catchup. The next coffee will be on **Tues 14 April at 9:30am**, Caffe Concerto, Piazza Grande, Modena. Repeated every three weeks, same time, same place – thus the following coffee will take place on 5 May. For more information contact Kerstin: treasurer@iwamodena.org.

please bring your own snacks. if you are thinking of coming then please drop Becki a line: r.midgley@hotmail.co.uk.
Future dates for your diary:
21, 28 April, 5, 12, 19, 26 May.

IWA Modena Aperitivo

A monthly meetup for our members to relax over drinks and nibbles. The next aperitivo is scheduled for **Tuesday 7 April, 7:30pm** at Caffe Concerto, Piazza Grande, Modena. Following meetups may change night and/or location so watch this space! For more information contact Catherine: web@iwamodena.org.

IWA Modena... you decide!

We'd love to develop more interest groups so if you might be interested in starting one please contact Sandra: events@iwamodena.org.

A Special Thank You

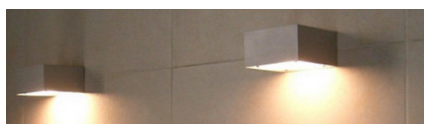
On behalf of all of our members we would like to extend a special thank you to Juli Madacey for the excellent Nutrition Night she gave last month. Feedback from our members included “inspirational”, “truly eye-opening” and “life-changing”. Thank you Juli for the time and energy you put into this evening and for the positive impact you had on all those who attended.

News

Here's a quick roundup of what IWA Modena has been up to lately...

Website

At last - the website has arrived! www.iwamodena.org. Please have a look around, check out the details for



look around, check out the details for our events and interest groups, and share you questions and answers on the discussion forum. You should have already received your website login but if you haven't, or if you're having problems using the website, please contact our Web Director, Catherine, at: web@iwamodena.org. All questions or compliments also welcome!

Members' Welcome Guide

Kathrin and her team are continuing to work hard to create the IWA Modena Welcome Book, (your guide to enjoying many aspects of life in Modena and its surroundings). Version 1. will be available online in the next few weeks!



Member Bonus Benefits - Spa Discount

A local spa in Modena, Comfort Zone, has granted each IWA Member a 20% discount on all services, which include manicures, pedicures, facials, massages and much, much more! If you would like to receive this offer, please notify Sandra at events@iwamodena.org by **3 April** and she will simply pass your name to the spa. They will print a special discount card for you. [Check out their website here>>>](#).

Member Movements

We are sorry to hear that we must say goodbye to Maria Swailes who will be leaving Italy next week. Good luck and best wishes for the future. However, a warm welcome to our newest member this month, Sarah Alcalá - welcome to IWA Modena!

A Sneak Peek Behind the Scenes

Rest assured your Board is working hard for you! We have obtained our Codice Fiscale, registered with the comune and initiated the process to be listed on the provincial association list. We are still working on the registration of our Constitution and Act of Constitution at the Agenzia dell'Entrate, but with these last two points finalized we will be as official as possible!

Board contacts:

President – Simone Zaminer – president@iwamodena.org
Vice President – Kathrin Gövert - vicepresident@iwamodena.org
Events Director – Sandra Gabriele – events@iwamodena.org
Treasurer – Kerstin Leiters - treasurer@iwamodena.org
Secretary – Kristin Rothe - secretary@iwamodena.org
Web Director – Catherine Morgan - web@iwamodena.org



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